

TRAILHEAD STEAK & TROUT HOUSE

HAND CUT STEAKS

Includes two sides

SIRLOIN STEAK*

A perfectly seasoned strip steak flame-grilled to your specifications
6 oz 11.95 | 10 oz for 15.95

RIBEYE STEAK*

A perfectly marbled Ribeye seasoned and flame-grilled to your specifications
Queen Cut 10 oz 18.95 | King Cut 16 oz 27.95

FILET MIGNON*

A 7 oz. Certified Angus tenderloin flame-grilled to your desire with
a melt-in-your-mouth tenderness that you can't get with any other cut of beef 29.95

HAMBURGER STEAK*

An 8 oz. hand-pressed Certified Angus ground chuck steak
flame-grilled and served with a side of brown gravy 11.95

COUNTRY FRIED STEAK

An 8 oz beef steak breaded, fried and smothered in brown gravy 11.95

GET IT BLACKENED FOR 1.00 EXTRA

BURGERS

HAMBURGER*

An 8 oz Certified Angus ground chuck burger hand made and flame grilled.
Served all the way with a side of the Garlic Fries 8.95

CHEDDAR BURGER

An 8 oz Certified Angus ground chuck burger hand made, flame grilled and smothered in
Cheddar Cheese. Served all the way with a side of the Garlic Fries 9.95

CHEESEBURGER*

Our 8 oz Certified Angus ground chuck burger smothered in your choice
of American or pepper jack cheese and served all the way with the Garlic Fries 9.95

BLUE CHEESE BURGER*

Our 8 oz Certified Angus ground chuck burger smothered in melted blue cheese crumbles.
Served all the way with a side of the Garlic Fries 10.95

ANGRY STEVEN BURGER*

An 8 oz cheeseburger topped with mashed potatoes, blue cheese and
American cheese Served all the way with a side of the Garlic Fries 10.95

SWISS & MUSHROOM BURGER

An 8 oz Certified Angus ground chuck burger hand made smothered with mushrooms and
Swiss cheese served all the way with a side of Garlic Fries 10.95

ADD ONS

MUSHROOMS

GRILLED ONION

BLUE CHEESE

CHEDDAR CHEESE

BACON

Add any for 1.00 each

SIDES & EXTRAS

All entrees come with your
choice of two sides

GARLIC FRIES

POTATO BITES

BAKED POTATO

MASHED POTATOES WITH GRAVY

GREEN BEANS

SWEET CORN

CUP OF SOUP

SIDE SALAD (House or Caesar)

SALAD BAR \$1 extra

LOADED POTATO (\$1 extra)

SOUP OF THE DAY

Ask your server for today's
delicious creation Bowl 4.99

FISH

Includes two sides

FLAME-GRILLED SALMON

An 8 oz boneless, skinless Keta salmon fillet seasoned and
flame grilled. Choice of blackened or lemon peppered 14.95

PAN-GRILLED RAINBOW TROUT

An 8 oz butterfly trout pan grilled and seasoned to perfection.
Full of flavor! Choice of blackened or lemon peppered 15.95

FRIED RAINBOW TROUT

An 8 oz butterfly trout battered in cornmeal and fried 15.95

MISSISSIPPI FRIED CATFISH

A 1/2 pound of U.S. farm-raised catfish cornmeal
breaded and deep-fried the southern way 12.95

SURF & TURF

Add a Rainbow Trout, Grilled Salmon or Catfish to any steak
for 10.95 Add 8 tiger shrimp for 10.95

GRILLED TIGER SHRIMP

12 grilled shrimp, your choice of lemon pepper,
blackened or Cajun seasoning 16.95

ASK YOUR SERVER ABOUT OUR DELICIOUS DESSERTS OF THE DAY!

CHECK OUT OUR MUGS, CUPS, SHIRTS, SALT SCRUB

Ask your server before you go!

ITEM AVAILABILITY MAY BE LIMITED

TRAILHEAD

STEAK & TROUT HOUSE

7839 E. LAMAR ALEXANDER PKWY | TOWNSEND, TENNESSEE | 865-448-0166

APPETIZERS

TRAILHEAD POTATO SKINS

Potato shells topped with queso cheese, cheddar, diced tomatoes, bacon, and garlic salt 7.95

SWEET POTATO FRENCH FRIES

A platter of light and crispy sweet potato fries 6.95

TRAILHEAD CHIPS & QUESO

A platter of warm, made in-house tortilla chips served with our signature queso dip 6.95

HOMEMADE SPINACH ARTICHOKE DIP

Best in East Tennessee. Served with a platter of warm, made in-house tortilla chips 7.95

FRIED GREEN TOMATOES

Absolutely the best fried green tomatoes anywhere! Fried the southern way in cornmeal and served with ranch dip 7.95

TIGER SHRIMP

Six tiger shrimp, your choice of blackened, Cajun or lemon pepper seasoning 8.95

TRAILHEADS FRIED SHRIMP

Eight of our breaded shrimp. Choose your sauce: chipotle, sweet & zesty, or bang bang 10.95

SALADS

HOUSE SALAD

A large bed of iceberg lettuce topped with cucumber, freshly sliced tomatoes, shredded cheese & croutons 6.95

CAESAR SALAD

A pile of chopped Romaine lettuce with Parmesan or Mozzarella cheese and our creamy Caesar dressing 6.95

FRIED CHICKEN SALAD

A bed of iceberg topped with crispy fried chicken strips, fresh tomatoes, shredded cheese and crunchy croutons 8.95

FRIED CHICKEN CAESAR SALAD

A pile of chopped Romaine lettuce with Parmesan or mozzarella topped with crispy fried chicken strips, and our creamy Caesar dressing 8.95

SALAD BAR

All you can eat 10.95

DRESSINGS

Ranch | 1000 | Blue Cheese | Balsamic Vinaigrette
Honey Mustard | Italian | Raspberry Vinaigrette

BEVERAGES

ICED TEA (sweet or unsweet) | COCA COLA

DIET COKE | DR. PEPPER | SPRITE

COFFEE Served complimentary with any food purchase

HOT TEA 1.50

BOTTLED BEER 3.25

BUD LIGHT | MILLER LITE | COORS LIGHT | MICHELOB ULTRA LIGHT
YUENGLING | FAT TIRE | CORONA | HEINEKEN | BUDWEISER

DRAFT BEER

BUD LIGHT | SAM ADAMS | COORS LIGHT | YUENGLING | FAT TIRE

16 oz Glass 3.25 | 24 oz. Mug 4.25 | Pitcher 8.00

BYOB WINE

3.50 Corkage Fee

KIDS MENU

12 and under only

SHRIMP, CATFISH OR CHICKEN BASKETS

Your choice fried to perfection and served with the Garlic Fries 6.95

ITEM AVAILABILITY MAY BE LIMITED

Item may be prepared raw or under-cooked. The FDA warns that consuming raw or under-cooked meats, poultry, seafood or shellfish may increase your risk of food-borne illness.

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